

General Population, K-12 Schools, and Daycare Isolation and Exposure Guidance

- **EXCLUDES** people who work in a healthcare setting or people who work in, reside in, or attend other congregate settings such as correctional facilities, long-term care facilities, and residence halls/group living at institutions of higher education. For these groups, prior KDE modified quarantine guidance remains in effect.

Population **8/17/22 Updated Guidance**

Cases (Positive)

People who have a positive COVID-19 test (regardless of vaccination status)

- **Stay home for 5 full days** from the start of your symptoms or sample date if no symptoms (Day 0)
- If you have no symptoms or symptoms are mostly gone after 5 days and you are fever-free for 24 hours without the use of fever-reducing medications, you can leave your house Day 6
- If you leave your house on Day 6
 - Wear a well-fitting mask around others at home and in public for a full 5 additional days (Days 6-10)
- OR
- Use two antigen tests 48 hours apart
 - If Positive, continue testing 48 hours apart until you have two sequential negative results and continue masking until that time
 - If Negative, mask usage is no longer needed
- **If unable to mask** (ex. <2 years of age), stay in isolation at home for 10 days

COVID-19 Exposure

People who have been exposed to someone with COVID-19 (regardless of vaccination status or previous infection)

- **Wear a well-fitting mask around others for 10 days** from the date of last exposure.
 - **Test on day 5** (antigen or PCR)
- If you develop symptoms, get a test and stay home until results are available. If positive, follow the guidance for cases outlined above.*

1st updated 8/17/22

	Infected
	Exposed